



FOR IMMEDIATE RELEASE...

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## **BEAT FLU SEASON THIS YEAR WITH SELF-CARE SERVICES AT VININGS JUBILEE**

### *A Guide to Self-Care Offerings From the Tenants of Vinings Jubilee*

**ATLANTA:** With COVID-19 still among us and cold and flu season here, prioritizing personal hygiene and self-care practices are key ingredients for boosting the immune system and staying mentally grounded. What better way to treat yourself to a day of much-needed self-care than by having it all in one place? Whether looking for a full-body detox, cryotherapy for immunity or sauna from Vinings Jubilee's newest tenant, Restore Hyper Wellness + Cryotherapy, a skin rejuvenation service due to cold weather from Dermani Medspa, a mani-pedi at Sugarcoat Nails, or a fresh new haircut by The Collective a Salon, the tenants of [Vinings Jubilee](#) are dedicated to the health and well-being of the community and offer a wide range of services that cater to everyone's self-care needs this upcoming season as they continue following to CDC guidelines.

"Now more than ever, it's important for everyone to take time for themselves to spend on personal care. Checking in on and revitalizing your health and wellness must be a priority for all of us to defeat the added challenges for this upcoming winter season," said David Cochran, President and CEO of Paces Properties. "As a centerpiece of Vinings, we are happy that Vinings Jubilee is able to provide our community with a variety of health and wellness opportunities in one place that caters to most every need."

Learn more about some of the self-care offerings and special services available by Vinings Jubilee tenants:

#### [Boardroom Salon for Men](#)

Boardroom Salon is a premium salon that specializes in men's grooming. They are dedicated to helping men relax, look great, and feel confident, offering haircuts, beards and shaves, waxing, and facials. Boardroom is a must-visit for men looking for a fresh-cut and clean look for the upcoming season. Boardroom requires masks, temperature screenings and sanitation at the door and is following social distancing guidelines by spacing out clients at every other station and shampoo boat.

#### [Dermani Medspa](#)

One of Atlanta's leading medical spas, Dermani is focused on evidence-based aesthetic services performed by highly trained professionals. Services include cosmetic injectables, skin rejuvenation, and laser hair removal. Learn more about Dermani's special offers this season [here](#). All surfaces and equipment are cleaned with medical grade cleaning supplies and Dermani requires masks and temperature checks upon entry.

#### [The Collective a Salon](#)

The Collective a Salon is a full-service salon featuring top stylists offering the latest in haircuts, color treatments, styling, blowouts, and more. When looking for more than just a haircut, The Collective delivers creativity, quality, and consistency to every client along with unparalleled customer service in a sophisticated, yet modern setting. New clients are always encouraged to schedule a free consultation to determine the very best look. Masks are required for everyone as well as temperature screenings. Additionally, The Collective employees will be locking the door behind clients to ensure social distancing.

#### [Restore Hyper Wellness + Cryotherapy](#)

New to Vinings Jubilee, Restore is a hyper wellness center dedicated to providing affordable wellness practices and services for all. It offers whole body cryotherapy for everyone from athletes to post-op patients, in addition to IV drip therapy, hyperbaric oxygen therapy, infrared sauna therapy and more. At Restore, clients must have a mask and their temperature checked at the door. All appointments are spaced out for social distancing and the saunas are sterilized after each use.

### [Sugarcoat Nails](#)

Voted Atlanta's best nail and beauty bar, Sugarcoat offers a wide range of services from mani-pedis to massages. Additional services include skincare and facial treatments, such as waxing and lash extensions. Sugarcoat aims to provide a clean, relaxing, and inviting atmosphere and puts the safety of its clients first by using custom-built pedicure thrones with porcelain sinks and fresh running water at each location to prevent bacteria from recirculating. Additionally, Sugarcoat separates nail tech and clients at the manicure station with glass, and masks and social distancing are required throughout the salon.

### [SweatHouz Infrared Sauna](#)

SweatHouz is an all-inclusive infrared sauna studio that offers clients a relaxing, rejuvenating, and recovering infrared sauna experience in the privacy of individual suites. Infrared saunas are designed to give seven times more benefits than that of a traditional sauna at a lower temperature. A great option for those looking for a full-body detox experience this fall, patrons will have one hour to relax and recover in a sauna for a 45-minute sweat and then rinse off for 15 minutes in a rehydrating and skin-toning shower. SweatHouz utilizes sanitization procedures and masks are required outside of the private suites.

### [Sweet Peach Wax & Sugaring](#)

Sweet Peach Wax & Sugaring is a full-service sugaring and wax salon and spa that offers a wide variety of waxing and sugaring services and spray tanning. Sweet Peach was the first spa in Georgia to utilize the ancient art of sugaring removal, a gentle, all-natural method proven to be less painful than waxing. Dedicated to comfort and cleanliness, Sweet Peach is the perfect spot to treat yourself to a wax and tan this season. They have updated safety precautions and policies due to COVID-19, making masks a requirement and pausing face, lip, sideburn, and chin waxing services for now.

For more information on all of Vinings Jubilee's tenants, visit [www.viningsjubilee.com](http://www.viningsjubilee.com).

**ABOUT VININGS JUBILEE:** Opened in 1986, Vinings Jubilee is Atlanta's first lifestyle center with a collection of fine boutiques, restaurants and specialty shops located in the heart of Vinings Village. Celebrating Vinings' historical sense of style for over 30 years, it offers a vibrant setting for shopping, dining and relaxing. Recognized for its positive impact in the area, Vinings Jubilee is the Vinings Business Association's 2011 Vinings Business of the Year. Vinings Jubilee is located at 4300 Paces Ferry Road NW, Atlanta GA 30339. For more information about Vinings Jubilee visit [viningsjubilee.com](http://viningsjubilee.com) or [Facebook](#) and [Instagram](#).

**ABOUT PACES PROPERTIES:** Founded in 1972, Paces Properties is a private real estate development firm specializing in the development, construction and leasing of urban-infill mixed-use projects featuring specialty retail, loft, office, hospitality and multifamily assets in the Southeastern US. Having served as Paces' core principle since inception, the company's mission remains: A commitment to excellence in creating distinctive, experiential, and inspiring environments to live, work and shop. Paces is a well-capitalized entrepreneurial company with an exemplary track record. Paces and its principals have been involved in the acquisition and development of over 5,000 residential units and over 1MM square feet of retail and office projects. Paces Properties noteworthy projects include Krog Street Market, Atlanta Dairies, Larkin on Memorial, Atlanta Stove Works, The Office Apartments, Vinings Jubilee and Optimist Hall in Charlotte. For more information, visit [pacesproperties.com](http://pacesproperties.com).

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