

HOME CHEF + STYLIST PAULINA BRAND TO RELEASE “THE BOHEMIAN PEACH: TASTE OF HOME”
The Czech Native + Marietta Mom Celebrates Food + Family Through This Pandemic-Inspired Cookbook
Holiday Presale Now Available for Gift Giving, National Release January 2021



ATLANTA: Home chef and single mother Paulina Brand is releasing her first book, **“The Bohemian Peach: Taste of Home”** (\$49.95, 160 pages). A stylist by day and a home cook by night, Brand witnessed an abrupt halt in her work this spring as the pandemic paralyzed normal activities for all. Realizing the pandemic could be the “gift of time,” she started to assemble over 60 of her cherished recipes, heartfelt stories, award-winning photography and home-styling tips to create the new offering.

Arranged by season with a focus on simple, easy to prepare recipes that can be sourced from backyards, container gardens, or farmers markets, **“The Bohemian Peach: Taste of Home”** is paired with safe and affordable ways to celebrate at home.

“I’ve found so much joy in cooking, sharing meals, and making memories with loved ones. Why not make the best of the pandemic and celebrate your home?” said Brand. “I wanted to create a book that inspires the aspiring or humble home cook to prepare an amazing meal right from the comfort of their home. Nest and create some yummy food. If someone wants to learn how to cook delicious meals with simple and clear steps, or even needs a cookbook to spark their inspiration, ‘Taste of Home’ is for them.”

“The Bohemian Peach: Taste of Home” includes recipes of homemade staples such as soups, salads, pizza, pasta, vegetable dishes, breads, and desserts. Each meal has step-by-step directions, along with gorgeous photographs styled and photographed by Brand (with some additional photography by Tim Glover). A few standout dishes include Roasted Pork with warm cabbage and dumplings; Pasta with Butternut Squash, Sage and Brown Butter; Rum Bread Pudding and Peach and Strawberry Sorbet with Basil Sugar.

Brand cultivates her backyard garden where she and her boys grow vegetables and herbs. She believes there is no better source for the freshest ingredients, and she uses many found objects from the woods or nature to stage creative table settings – at little to no cost. She includes tips for her table settings and events.

Now available for holiday gift-giving, Brand’s **“The Bohemian Peach: Taste of Home”** is on presale at www.thebohemianpeach.com with books shipping Dec. 15, in time for Christmas and holiday gift-giving, followed by a national release in January 2021. The cookbook is a celebration of the creative spirit, written, styled, photographed, and published by Brand.

It Starts with a Beautiful, Frugal Mindset

Originally from the Czech Republic, Paulina Brand presently lives in Marietta, Georgia, the Peach State, where she has fallen in love with southern culture and food traditions. **“The Bohemian Peach: Taste of Home”** is based on the premise of helping everyday people everywhere understand what’s possible, without complication. Often described as a cook that whips up “beautiful, yet frugal meals” in all of her literature, Brand left no stone unturned when it came to the high-quality photography she has paired with all of her recipes in **“The Bohemian Peach: Taste of Home”**. Join the conversation on Instagram [@the_bohemian_peach](https://www.instagram.com/the_bohemian_peach).

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